#### **Student Assistance Purpose**

The Camp Hill School District is committed to providing the maximum learning experience for all students. If a student is at risk, he or she can not learn. If a student disrupts the normal school climate, a teacher can not teach productively and other students can not learn. Like other schools, Camp Hill experiences the ill effects of students' at-risk behaviors.

Schools are the only institutions through which all young people must pass. This gives the schools a unique opportunity to identify and help those whose lives are negatively affected by at-risk behaviors.

#### **Confidentiality Statement**

The Student Assistance Team is committed to the utmost confidentiality in all aspects of the intervention process. Matters brought before the team members will not be shared outside the team, unless written consent is obtained. Parent/Guardian written consent prior to an interview with a student is a required part of the SAP process. Additionally, as school personnel, the team members are obligated to report to the proper authorities cases of child abuse and neglect (as defined by the Pennsylvania Child Protective Services Law) and situations where a student may deliberately harm him/herself or others.

# 2020-2021 Student Assistance Team Members

Middle School / High School Core Team

Joe Capers
Rachel Debias
Leslee Delong
Jamie Doi
Raeleen Eckerd-Taylor
Sarah Fanus
Dena Higgins
Liz Holtzman
Tonya Ivey
Cristy Rice
Kate Shaffer
Nick Snider
Mark Ziegler

#### Ad Hoc Members

Patricia Sanker - Acting Superintendent
Tracey Quigley-Jones- Director of
Special/Student Services
Connie Werner - Geisinger Holy Spirit
Teenline Liaison
Matt Bennett- Cumberland/Perry Drug &
Alcohol Commission Liaison

For more information contact High School Counseling Center 717-901-2500 extension 3969 Camp Hill
Student
Assistance
Program



Helping At-Risk Teens

Camp Hill School District Camp Hill, Pennsylvania

#### Introduction

The Pennsylvania Department of Education has encouraged the development of Student Assistance Programs in the 501 school districts across the state. On April 16, 1990 the Board of School Directors approved the establishment of a Student Assistance Team for the Camp Hill High School / Middle School. In 2006-2007, Hoover Elementary implemented a Student Assistance Team.

#### What Is Student Assistance?

The Student Assistance Program is an intervention process that aims to assist the student and family with any barriers to education. The program's goal is to work with both the student and the family to ensure that these barriers can be limited or removed.

These barriers include, but are not limited to, the following:

- 1. Academic and behavioral challenges.
- Mental health concerns such as anxiety, depression, self-harm, and suicidal thoughts or ideation,
- 3. Truancy,
- Substance abuse concerns for the student or addiction in the family.
- Family stress,
- Relationship stress of friends or break ups with significant others.
- 7. Bullving.
- Grief and loss

### THE CORE TEAM

The heart of a Student Assistance
Program is the core team, which is a small
group of school personnel who are
specifically trained to work with at-risk
students. The team is typically composed
of a central office administrator, a building
administrator, counselors, a school nurse,
and several core teachers. In addition,
representatives from community mental
health and drug and alcohol agencies
serve as members of the core team.

Members of the core team need to have a common base of knowledge about Student Assistance Programs in relation to adolescent chemical dependency, suicide, and other mental health concerns. This requires intensive off-site training in order to implement successfully a Student Assistance Program and to become a member of the team. Once the core team training is completed, members meet weekly.

THIS TEAM IS NOT A DISCIPLINARY TEAM, NOR DOES IT PROVIDE THERAPY, but it will refer students to appropriate sources of help.

## How Does The Student Assistance Team Function?

The principal activities of the Student Assistance Team (core team) are as follows:

- 1. To receive referrals concerning at-risk students,
- 2. To conduct needs assessments for referred students.
- 3. To contact parents and involve them in the process, and
- 4. To arrange assistance from the intervention resources in the school and the community.

The Student Assistance Team will receive referrals form school personnel, parents, students, coaches/advisors, as well as self-referrals and anonymous referrals. A referral may be made by directly contacting a core team member, a school counselor, a teacher, or an administrator or online at www.camphillsd.k12.pa.us → Schools → High School 9-12→ Our School → Student Assistance Program → SAP Referral Form.